

HAPPY HOLIDAYS AND A HAPPY NEW YEAR!!!

From our family to yours, we wish you all the happiest of hoidays and healthy new year! We have had a fun year with some great social events that have allowed us all to further connect and build this wonderful village of ours. Keep your eyes out for more events in the upcoming year!

Here is a little glimps of the fun we had at our ice cream social, our spirit week, and our trunk or treat!!



















CAMP AT PROGRESSIVE PEDIATRICS

We will continue our successful camps and workshops this year: Please sign up quickly as these do fill up! We also do provide invoicing for these camps allowing you to submit them to your insurance company as you do your regular sessions.

Spring Break Sillies

Join us for spring break with our newest camp, Spring Break Sillies! This camp will focus on social skills, fine motor skills, coordination, self-regulation, and sensory processing through a variety of games, crafts, cooking activities, cooperative play, and dances. From April 3-7, kids ages 4-10, will meet at the clinic, from 9-12:30pm. A snack will be provided each day of camp. Cost is \$1,800 for the full week. Hope you can join us!

Camp Coral Reef

Get ready to make a splash again this summer with CAMP CORAL REEF! This social skills camp will focus on gross motor, fine motor and sensory processing on both land and water. From July 17-21, kids ages 4-10, will meet at the Rec Center (TBD) from 9-12:30. This group will be led by both an OT and PT. Each day will include 1.5 - 2 hours of time in the pool, outside activities, and a snack. This group is open to kids of all abilities, you don't need to be able to swim, just get ready to be wet! Bring your towel, we will see you at the pool! Cost is \$1,800 for the full week.

Camp Stepping Stones

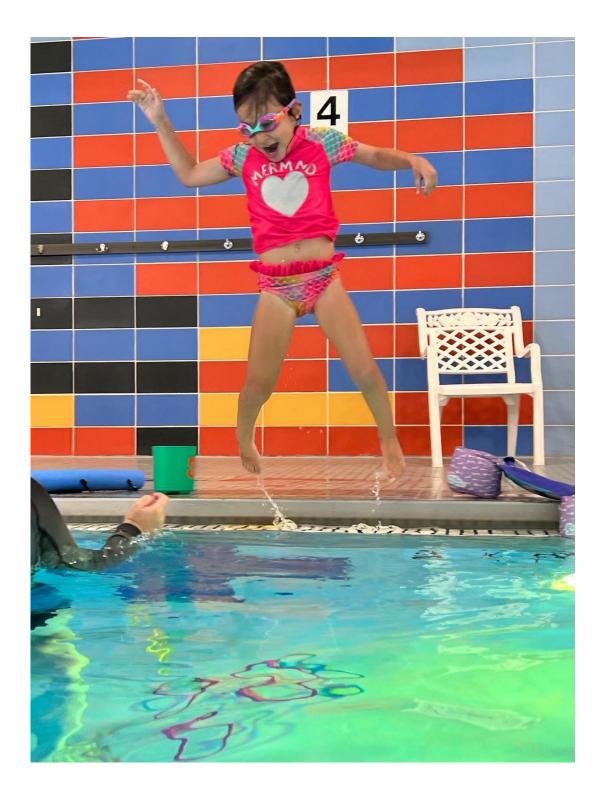
We had so much fun exploring nature last summer we wanted to offer this camp again this coming summer!

Does your child love Nature and spending time outdoors?! This social skills camp will focus on gross and fine motor skills, social skills and sensory processing by exploring nature! We will walk through the forest, play in the creeks, make crafts with things we find in nature, learn playground skills and have a picnic lunch each day. This group will be led by both an OT and PT. From August 7-11, kids ages 4-10, will meet at Glencarlyn Park/Long Branch Nature Center in Arlington, VA from 9-12:30. Each child will need to wear a swim suit or clothes that can get wet, wear closed toed sandals that can get wet (think Keens or crocs with the strap) and pack a lunch for our daily picnic! Cost is \$1,800 for the full week. A camp t-shirt will be provided for each child!

Requirement for camp: Children need to be able to walk independently, as there are many obstacles in the trails and water.

Openings

We have rare aquatic therapy openings on Mondays at our pool in Oakton. Please contact your therapist if you are interested or want additional information about this treatment modality!



THE JINGLE BELL JOG!!!!

Although this year the weather didn't cooperate and we had a LOT of crazy logistical changes, our 4th annual Jingle Bell Jog was a huge success. We again got to celebrate friends, family, our beautiful village of kids and their amazing families. As always, I am humbled, grateful, and so very thankful. <u>#Jinglejog2022</u> was one for the books. Till next year (and mark your calendars!! December 2nd, 2023!!)

To view photos from the Jingle Bell Job, please go to the homepage of the <u>Progressive Pediatric</u> <u>Therapy Website</u>!

PLEASE EXCUSE OUR DUST!!!

While we are unsure of the exact date of our new expansion, we are EXPANDING again! We will be gaining over 1,000 of new square feet to better accommodate our evergrowing practice. We are all so excited (and a little nervous about the actual moving of all these toys!) We will be gaining another 2 big treatment rooms giving us a lot more flexibility for our popular groups and additional therapists. As always, thank you to all of you that have referred, recommended, and cheered about our practice to your friends, family, doctors, and villages. It is through these referrals that we continue to grow, and we are all so very grateful for your confidence! We will give more details on the expansion as we have it, but it's coming!!!

INTRODUCTIONS

We are so happy to introduce our new Speech Therapist, Gwen Goldstein, M.A., CCC-SLP

Gwen earned her Bachelor of Arts degree from Indiana University- Bloomington (Go Hoosiers!) in 2005 and her Master of Arts in Speech Language Pathology from The George Washington University in 2011. Gwen is licensed by the Virginia Board of Audiology and Speech-Language Pathology and holds the Certificate of Clinical Competence from the American Speech-Language-Hearing Association. She worked for Fairfax County Public Schools from 2011 to 2016 serving students in preschool through adulthood. After working in the schools, Gwen worked for several area pediatric outpatient clinics. Most recently, she has been providing in-home therapy and diagnostic services with a focus on early intervention and preschool-aged children.

Gwen has years of experience working with the pediatric population in a variety of settings for children that have speech and language disorders such as articulation, phonology, receptive and/or expressive language, fluency, and voice. She has worked extensively with non-verbal children and has training in the area of Augmentative and Alternative Communication (AAC). Gwen has a special interest in Autism, Intellectual Disabilities, Physical Disabilities well as other genetic disorders. She is a Certified Autism Spectrum Disorder Clinical Specialist.

She has a passion for providing every child with a voice and the ability to express themselves. Additionally, she truly believes in collaboration and working closely with families to help each child reach their goals. Gwen lives in Fairfax with her husband, daughter, and son. She is excited to be a part of the Progressive Pediatric Therapy team.





**As winter weather approaches, please contact your individual therapists if you unable to come for your scheduled appointment. Also, be sure to check Facebook for timely weather cancellations and closings. **

703.606.6213 Progressivepediatrics1@gmail.com 150 S. Washington St. #203 Falls Church, VA 22046