



PROGRESSIVE PEDIATRIC THERAPY

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OUR DUST HAS FINALLY SETTLED!

Thank you to everyone for your patience and humor during our expansion and merger with Myania Moses and Associates. We are now fully staffed with Physical, Occupational, Speech and Art Therapists.



APTA comes to Progressive Pediatric Therapy

We had an exciting first ever photo shoot for the American Physical Therapy Association. They highlighted different clinics in the area and we were their pediatric choice!

<http://www.apta.org/>



Our Speech Therapist, Gail, is now able to provide this innovative service. Let us know if we can help with scheduling or answer questions!

Language Acquisition through Motor Planning (LAMP)-Words for Life app is a therapeutic approach using motor learning principles and a voice output communication aid to give non-verbal individuals with autism and other developmental disabilities a method to develop independent and spontaneous communication. Individuals using the LAMP approach learn to use words and build sentences to communicate their wants, needs and ideas by pressing buttons on a speech generating device. Interventions currently in use with individuals with autism tend to focus on the perceived strengths associated with autism such as visual learning and the desire for structure. While LAMP utilizes these strengths, it also addresses core deficits affecting language delay such as impaired motor skills, engagement, and auditory and sensory processing to improve spontaneous, generative communication.

We are really excited about our new program we have to offer our OT kids!

We are introducing a Sensory Diet Home Program to provide daily functional home exercises for children with sensory processing disorders. A sensory diet does not refer to food, but utilizes physical exercises scheduled throughout the day to organize the Central Nervous System so that your child can be ready to learn, attend, focus, and engage at home, at school, and in the community. The exercises are individualized to your child's needs and tailored to fit within your family's normal daily routine. This is a 6-9 month course of intervention that includes: an initial home visit and survey, delivery of individualized sensory "meals" and "snacks," and monthly consultations. Contact us to set up an initial home visit. You will be connected with an occupational therapist who will walk you through the process and answer any other questions you may have.



Aquatic Therapy is FUN!

Now we have PT's and OT's that treat in the water. Aquatic therapy is a specialized form of physical or occupational therapy. Water improves motion and flexibility. The natural buoyancy reduces gravitational pull and lessens compressive forces, hence making exercises much easier to perform than on land. Best of all, aquatic therapy can be used even if a patient does not know how to swim. Kids are able to do many things in the pool that they cannot or will not do on land. It is a super fun environment for kids to work on skills without them realizing how hard they are working!