



PROGRESSIVE PEDIATRIC THERAPY

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*The new normal. We know everyone is stressed and overwhelmed and sad and anxious. We get it. We are here for you and your children in these new times. I know many of you are just learning your new school schedules which may or may not include social interaction or in school therapies. We will continue to try and offer groups and flexibility to help enrich and support these new normal times.*

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## Groups

WE WILL BE OFFERING 2 GROUPS 2 DAYS A WEEK ON MONDAYS/WEDNESDAYS. THESE GROUPS WILL INCLUDE PT, OT AND SLP. WE WILL NEED TO HAVE A MINIMUM OF 4 KIDS AND A MAXIMUM OF 5 KIDS TO MOVE FORWARD. WE HAVE BEEN ASKED IF KIDS COULD DO ONE DAY A WEEK—AND WE ARE ABLE TO OFFER THIS. SPOTS ARE STARTING TO FILL—SO PLEASE SIGN UP AS SOON AS POSSIBLE TO ENSURE THAT WE CAN RUN THESE GROUPS!

THESE INITIAL GROUPS WILL BE GEARED TOWARDS AGES 4-7. THE COST IS \$1440 FOR THE 2 DAYS A WEEK FOR 4 WEEKS (OR \$720 FOR THE ONE DAY) INVOICES WILL BE PROVIDED. THE GROUP WILL RUN FROM 9/21-10/19 FROM 9-1030 AM. TEMPERATURES WILL BE CHECKED PRIOR TO EACH SESSION AND NO CHILD WILL BE ALLOWED IF ILL OR IF HAS A FEVER. NO CHILD WILL BE ALLOWED IF THEY HAVE TRAVELED OUT OF STATE IN THE 2 WEEKS PRIOR TO GROUP STARTING.

GROUPS WILL BE SET UP:

**MONDAYS**—9-945—SPEECH AND OT, INCLUDE SOCIAL SKILLS, REGULATION, CIRCLE TIME, BOOK CLUB

945-1030—OT—HANDWRITING, FINE MOTOR WORK, CRAFTS

**WEDNESDAYS**—9-945—SLP AND OT, AUDITORY PROCESSING AND SOCIAL SKILLS, STORY TIME, FINE MOTOR AND READING

945-1030—PT/OT—GROSS MOTOR AND SOCIAL SKILLS GROUP.

## From our Speech Corner

DO YOU HAVE CONCERNS ABOUT YOUR CHILD'S ARTICULATION? OUR SPEECH LANGUAGE PATHOLOGIST NOW OFFERS INFORMAL ARTICULATION SCREENINGS AND FORMAL SPEECH EVALUATIONS VIA TELEHEALTH OR IN PERSON. SCREENINGS ARE \$90 AND EVALUATIONS, WHICH INCLUDE A FULL REPORT, ARE \$325.



## Aquatic Therapy

IS YOUR KIDDO IN NEED OF SOME EXTRA MOVEMENT? OR NEED A CHANGE OF PACE FROM CLINIC-BASED THERAPIES? WE HAVE RARE OPENINGS IN OUR AQUATIC THERAPY PROGRAM! PLEASE LET US KNOW IF THIS IS SOMETHING YOU WOULD BE INTERESTED IN. OUR THERAPISTS ARE IN THE POOL AT OAK MARR REC CENTER ON MONDAYS AND WOULD LOVE TO GET YOUR KIDS IN!



AS ALWAYS, PLEASE REACH OUT TO ANY OF THE THERAPISTS TO DISCUSS YOUR CHILDREN AND THEIR THERAPY NEEDS.

## Art Therapy

### **Teen Talkers – 4 Minimum to run the group**

Teens ages 13-17 years

This group will focus on building social skills and providing emotional support. Themes for this group include but are not limited to building social/peer relationships, stress management, family issues, frustration tolerance, peer pressure, role play and collaboration. All this will be done in a moderator directed group. The directives will be problem solving group work with occasional written and art making connections.

### **Busy Builders – 4 Minimum to run the group**

Kids ages 4-7

A collaborative group designed to solve a problem through building and construction. Themes for this group include group planning, communication and verbal skills, coping skills, and physical building within the group. With strong emphasis on team building and collaboration through problem solving.

Cost will be \$260 for a 4-week group. Dates/days to be determined.

## Running Club

***We have one more available spot for our running club.***

Mondays at 2-245 George Mason High School

We will be meeting for 45 minutes of running, games and exercise. Cost is 260\$ per kid for a 4-week group. We will need to have a minimum of 4 kids to start the group. Group will run from 9/21-10/19 (10/12 will be out).

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Owner

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