



PROGRESSIVE PEDIATRIC THERAPY

progressivepediatrics1@gmail.com | 703.606.6213

HAPPY BACK TO SCHOOL!!!

We are so happy it's fall and we can get back into the swing of regular schedules and cozy sweaters! Thank you for your patience with the transitions to fall schedules. Let us know if you need different times due to new school or life demands. We will do our best to accommodate you all. As a reminder to some of our newer families, we now offer Hippotherapy with PT, OT and Speech Therapists, Aquatic Therapy with PT and OT Therapists, and we have clinic visits with PT, OT, Speech and Art Therapists.



INTRODUCTIONS!!!

We are so excited to have Keerti join our team! She does aquatic therapy on Mondays and Wednesdays.

Keerti Goorah, PT, DPT - Physical Therapist



Keerti completed her undergraduate degree in Psychology at the University of Georgia and her Doctorate of Physical Therapy at George Washington University in 2018.

After graduation, she started her career in outpatient pediatric therapy in the Northern Virginia area. Being an adventurer at heart, she then went on to doing travel therapy for public schools in Oklahoma and California for 2 years. During this time, she lived in an RV with her husband, her dog, Captain, and her cat, Cheeto.

Keerti is now back in Virginia where she splits her time between providing school and aquatic physical therapy for Progressive Pediatric Therapy. She is passionate about making physical therapy goals and interventions meaningful to each patient and their families. She believes in using a collaborative approach, working closely with other team members and patients' families to improve patient independence and function through play-based interventions. She has treated patients with a wide variety of neurological, developmental and movement disorders.

When she is not at work, Keerti likes to experiment in the kitchen, explore new places, and play disc golf.

CAMPS AT PROGRESSIVE PEDIATRICS

We had a LOT of fun at camp this year--Camp Stepping Stones and Camp Coral Reef. Kids and therapists alike had a wonderful time. **Ms. Nalan, Ms. Kaitlyn, Ms. Sarah, and Ms. Mikke** had so many fun and great ideas this year. We will be having these camps again next year, so please keep your eyes out for those notifications in late December/early January.



BAKING CLUB

For the first time, we also had our very first baking club. The kids, with **Ms, Vian**, were creative and engaged and made the most beautiful dishes—all while making great new friends. Please keep your eyes out for this to be repeated. We really loved this club!



Our social events are some of our most favorite clinic activities. We have already begun planning, so mark your calendars!

Ice Cream Social—SEPTEMBER 19th from 6:30-8. This is such a great event that we wanted to repeat it! Who can't love MORE ice cream! Come join your therapists at Jake's Ice Cream, 6353 Columbia Pike, Falls Church, VA. Jake's holds a special place in our hearts as we know THE Jake of Jake's ice cream. This local shop also hires differently-abled adults to work!

Halloween Trunk or Treat –Tuesday OCTOBER 24th at 6pm. We will hold this event in our parking lot again this year! Come dressed up and ready for our therapists to give out candy!

Jingle Bell Jog --December 2nd at 10 at Meridian High School. Our FIFTH ANNUAL Jingle Jog will be here before you know it! Mark your calendars! This is an event you DO NOT want to miss. Please look for sign ups at the front desk this fall. Spread the word!

Social Skills Fall Group

This group has a few more openings.

Please let us know if you are interested in joining this great group!

PROGRESSIVE PEDIATRIC THERAPY

Back to School SOCIAL HOUR

Join us for back to school social hour!
Your child will gain confidence in social skills, fine and gross motor skills, coordination, and cooperative play through games, crafts, baking and other activities.

AGES
Designed for children ages 6-10.

WHEN
Wednesdays from 6:30-7:15PM.

DATES
First session, September 13.
Last session, October 18.

WHO
PPT OTs Mikke and Kaitlyn

WHERE
150 S Washington St.
Falls Church, VA

\$648 FOR 6 WEEKS

For more information (703) 606-6213

We are so excited to introduce you to our **Holiday Intensive!!**

We will need 5 kids to be in the group to run it.

Sign up today!

A festive flyer for a holiday-themed social skills group. The background is light pink with various holiday decorations including red and white snowflakes, green holly leaves with red berries, red and white striped candy canes, and red and gold Christmas ornaments. The title 'HOLIDAY SOCIAL SKILLS GROUP' is written in large, bold, red letters. Below the title, a gold box contains the text: 'JOIN MS. MIKKE AND MS. KAITLYN FOR A HOLIDAY THEMED SOCIAL SKILLS GROUP! KIDS WILL MAKE HOLIDAY CRAFTS, RECIPES, AND LEARN ACTIVITIES TO BRING HOME TO YOUR HOLIDAY FESTIVITIES.' Below this, the dates 'Dec. 18, 19 & 20', time '9AM - 12PM', ages 'Ages 5-10', and price '\$900' are listed in red. At the bottom, another gold box contains the text: 'FIND OUT MORE AT PROGRESSIVEPEDIATRICS.NET' in white.

HOLIDAY SOCIAL SKILLS GROUP

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For those of you not following us on Facebook (WHY AREN'T YOU FOLLOWING US ON FACEBOOK!?!)

We have had some major medical breakthroughs for some of our kids.

A while back we cheered when the FDA approved DAYBUE™ --the first and only treatment specifically indicated for **Rett Syndrome**. Well today, two of our best girls received approval and began the new treatment! We are so excited and hopeful to see what this does for them both!



On the day before his 6th birthday, one of **Ms. Kaitlyn's** kiddos, **Hiram**, was the first patient ever with **Duchenne Muscular Dystrophy** to receive the drug after the U.S. Food and Drug Administration (FDA) approved its use last month. **Read the article at: [Duchenne Article](#)**



One of **Ms. Jill's** kiddo's, **Fifi**, has been involved in a clinical trial that recently concluded at Connecticut Children's. She was a part of history!! Every four months for the past seven years, **Fifi** and her family have been making the long drive from Virginia to Connecticut to help researchers study an investigational drug for her disease. **Fifi's** journey with Connecticut Children's led to the first FDA-approved therapy to treat **Spinal Muscular Atrophy (SMA)!!!**



Read her story here: [Fifi's Story](#)

We would greatly appreciate it if you took a few minutes to write us a quick Google review. Your feedback will allow others to recognize the value we provide and the services we offer.

Thanks in advance!

To submit a review, please click on the link: <https://reviewthis.biz/e3dfc89f>



****As winter weather approaches, please contact your individual therapists if you are unable to come for your scheduled appointment. Also, be sure to check Facebook for timely weather cancellations and closings. ****

Jill Wagner, MS, PT

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